

*A gorgeous healthy smile is worth a thousand words...*



## **DR. ALEX D. LOPEZ - CONSENT FOR IV CONSCIOUS SEDATION**

**Diagnosis.** I have been informed that my treatment can be performed with a variety of types of anesthesia. These include local anesthesia as normally used for minor dental treatment, local anesthesia supplemented with IV conscious sedation, and general anesthesia in the hospital or out-patient surgical center. My periodontist has recommended IV conscious sedation in addition to other possible forms of anesthetic because a long and stressful procedure is to be undertaken, certain medical or physical conditions of mine may so indicate, or I am subject to significant anxiety and emotional stress related to dental procedures.

**Recommended Treatment.** I understand that in IV conscious sedation, small doses of carious medication will be administered to produce a state of relaxation, reduced perception of pain, and drowsiness. However, I will not be put to sleep as with a general anesthetic. In addition, local anesthetics will be administered to numb the areas of my mouth to be operated and thus further control pain. I understand that the drugs to be used may include **DEMORAL** and **VERSED**.

I recognize that I must do several things in connection with IV conscious sedation. I must refrain from eating for four (4) hours before my dental appointment.

**Expected Benefits.** The purpose of IV conscious sedation is to lessen the significant and undesirable side effects of long or stressful dental procedures by chemically reducing the fear, apprehension, and stresses sometimes associated with these procedures.

**Principal Risks and Complications.** I understand that occasionally complications may be associated with IV conscious sedation. These include pain, facial swelling, or bruising, inflammation of a vein (phlebitis), infection, bleeding, discoloration, nausea, vomiting, and allergic reaction. I further understand that in extremely rare instances, damage to the brain or other organ supplied by an artery, and even death, can occur.

To help minimize risks and complications, I have disclosed any abnormalities in my current physical status or past medical history. This includes any history of drug or alcohol abuse and any unusual reactions to medications or anesthetics.

**Alternatives to Suggested Treatment.** Alternatives to IV conscious sedation include local anesthesia, oral sedation, intramuscular sedation, and general anesthesia in the hospital or surgi-center – either as an inpatient or as an outpatient. Local anesthesia and oral sedation may, however, not adequately dispel my fear, anxiety, or stress. If certain medical conditions are present, it may present a greater risk. There may be less control of proper dosage with oral sedation than with IV conscious sedation. General anesthesia will cause

